

RunFest Info Briefly in English

RunFest Tampere, 22.8.2019, Ratinanniemi

PROGRAM

Info opens at **16:00** at the RunFest village.

The relay starts at **18:00**.

- Please be sure to pick up your bib numbers from info before the starting signal.

RunFest village activities

- Include team photo shooting, socializing and live music and interesting expos.
- The activities can be enjoyed throughout along the festival – before and after the relay
- Picnic starts after the relay.

The warm-up exercise is at **17:45**.

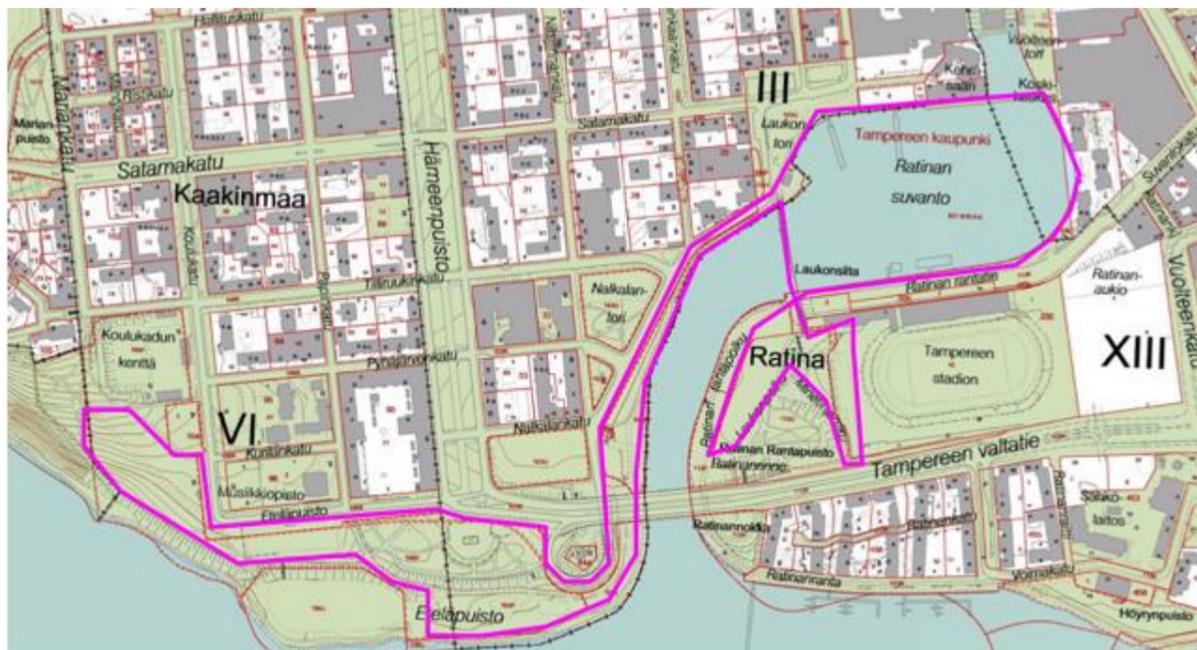
Starts for the first leg of relay at **18:00** with teams from 1-50 (RunFest Relay), **18:02** for teams 51-139 (RunFest Together), **18:05** for 140-160 (RunFest Orientation)

RUNFEST RELAY

The relay itself is 5x4,2km (half marathon all together). You can go through the route walking, running and everything in between.

Let's take everyone in consideration – make room for the fast runners.

The route is starting from Ratina and it goes around Suvanto continuing to Eteläpuisto and ends back to RunFest village. See the map below. Checkpoint for Orientation are close to the route.



RUNFEST PIKNIK

As the name says, RunFest is half exercise and half festival We've named the two parts to be RunFest-relay and RunFest-piknik. You are free to bring your own food and beverages (not alcoholic beverages thus the Alcohol Act). What would be a better way to spend the evening than bond with your colleagues, eat well and enjoy the last nights of summer.

Please take enough warm clothes with you. There is a dressing room and showers in Ratina Stadion. There is no cloak room at the event. The idea is that your team mates will take care of your personal stuff while you run/walk the route. If necessary, you can leave your backpack to the Info where there will be someone at all time.

PICTURES

RunFest is the first event in Finland to use Pic2Go-technique for picture search. You can find pictures taken of you after the event (or even during, as the first pictures will be downloaded online at 19:00) from one link. If you are using your phone, go to our Facebook profile and open the link from the latest post. There opens a box, which asks for your bib number. Write your bib number into the box (ex. 202-2) and the program will download all the pictures that shows your bib number and you will be able to choose which one of those you'd like to post on Facebook.

Team Picture Point is open from **16:30 to 17.45** and from **19 to 20.30**.

COMPETITIONS

The competitions between best team outfit, best baton and best cheers ARE ON!

Rules to best team outfit and best baton:

- 1) Think of a baton or outfit for your team
- 2) Post the story behind the outfit/baton with a picture to Social Media and use #runfest #joukkueasu or #viestikapulakilpailu
- 3) The best outfit and baton will be published in Social Media after the event! The winner team will get a free attend to RunFest 2019!

Rules to best cheers:

Cheer up. The more the better! Winners will get surprise presents.

IMPORTANT NUMBERS

EMERGENCY NUMBER	112
FIRST AID	040 846 7720
ORGANIZER/INFO	040 869 8849
